

# Occupational Therapy

## Presentation

O1 Introduction

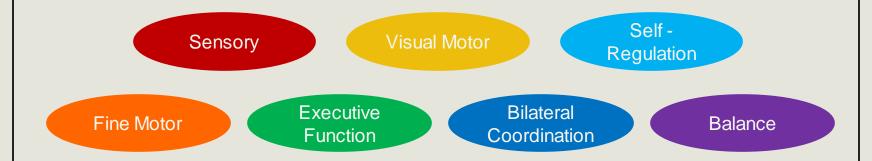
O2 What is OT?

Е

Website Preview

#### School-Based OT

Occupational therapy is a holistic process which addresses the entire child. Occupational therapy's expertise includes activity and environmental analysis and modification with a goal of reducing the barriers to participation. ~ AOTA.



# Student/Parent Website



# School-Based Occupational Therapy

General Education Students
Students in Special Day Classes (SDC)
Preschool
Training/resources for school site staff
Embedded coaching, consultation, collaboration

## Preschool Support

### Engagement

Sensory processing Self-regulation Learn routines Participation

> circle time table time play self-help

#### **Motor Coordination**

Develop hand dominance Grasp patterns Pre-writing strokes Bilateral coordination (scissor skills)

## Primary Support

#### Attention

Strengthening
Postural support
Sensory processing
Flexible seating
Following 2-3 step
instruction



# Fine & Visual Motor Coordination

Handwriting skills: letter formation, size, baseline placement, and spacing Scissor skills
Opening (containers/ packages)
Shoe Tying/Fasteners





Secondary Support

#### Fine Motor

Handwriting (far/near copy)
Writing a signature
Filling out a form
(functional/personal info)
Shoe tying
Locker practice
Upper body/hand
strengthening

#### **Executive Function**

Follow instructions
(written, verbal, or visual)
Folder system (course work)
Backpack organization
Self-regulation
Self-advocacy
Basic computer functions
and navigation

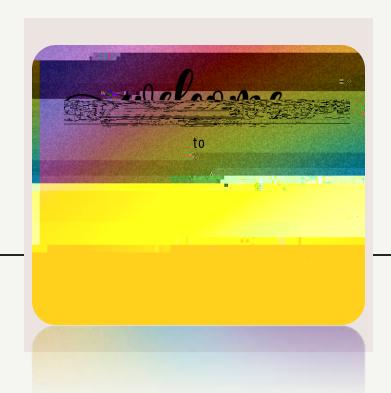


#### OT/PT/ADPE Website

Additional site created to provide resources to district staff involved with servicing occupational, physical, and adaptive PE

Allows essential communication between case managers, teachers, and therapy departments

Provides necessary protocols, documents, and additional resources to complete the therapeutic process



Contact your case manager/teacher

# Thanks

e