

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION**

Agenda Item# 9.2

Meeting Date: September 21, 2023

Subject: Approve Resolution No. 3345 National Suicide Prevention and Recovery Month

Information Item Only
Approval on Consent Agenda
Conference (for discussion only)
Conference/First Reading (Action Anticipated: _____)
Conference/Action
Action
Public Hearing

Division: Student Support & Health Services

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION**

RESOLUTION NO. 3345

“NATIONAL SUICIDE PREVENTION AND RECOVERY MONTH”

WHEREAS, the week of September 10-16, 2023 is National Suicide Prevention Week, and September 2023 is National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and

WHEREAS, these observances are united in raising awareness that prevention is possible; treatment is effective; and people can and do recover to live healthy, fulfilling lives; and

WHEREAS, according to the Centers for Disease Control, one person dies by suicide every 11.7 minutes, resulting in nearly 45,000 deaths each year in the United States; and

WHEREAS, and help-seeking skills including support social-emotional learning programs, providing caregiver support and training to improve family relationships, and support resiliency building through education programs; and

WHEREAS, providing a safe and nurturing school environment ensures both the physical, psychological, and emotional safety of students and staff and minimizes suicidal ideation; and

WHEREAS, we must encourage friends, family, co-workers, and providers to recognize the signs of a problem, warning signs of suicide, and guide those in need to appropriate services and supports - as friends and social media are key sources of information for young people; and

WHEREAS, the most recent 2023 California Healthy Kids Survey of SCUSD students indicated that 38% of SCUSD students reported feeling chronic sadness and 17% reported seriously considering suicide in the past 12 months; and

WHEREAS

WHEREAS