

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item# 8.4

Meeting Date: August 15, 2019

Subject: Wellness Policy Implementation Update

Information Item Only

Board of Education Executive Summary

District Wellness Committee

Wellness Policy Implementation Update

August 15, 2019



I. Overview/History of Department or Program:

A local school wellness policy (Student Wellness Policy) is a written document that guides a local educational agency or school district's efforts to create supportive school nutrition and physical activity environments. Each local education agency participating in federal Child Nutrition Programs, including the [National School Lunch Program](#) or the [School Breakfast Program](#), is required to develop and implement a wellness policy as established by the Child Nutrition and WIC Reauthorization Act of 2004, and recently enhanced by the [Healthy, Hunger-Free Kids Act of 2010 \(HHFKA\)](#).

II. Driving Governance:

- x Healthy Hunger-Free Kids Act of 2010, Section 201; Title 7, Code of Federal Regulations (7 CFR), Parts 210.30 and 220.7
- x California Education Code (EC), Section 49432; 7 CFR Part 210.30

III. Budget:

There is no budget for these mandates.

IV. Goals, Objectives and Measures:

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School Wellness Policy



Promoting learning by supporting the health and well-being of all students

