



Kaiser Foundation Health Plan, Inc.  
Northern California Region

**EOC #58 - Combined Chiropractic Services and Silver&Fit®  
Healthy Aging and Exercise Program Amendment of the Kaiser  
Foundation Health Plan, Inc.  
Evidence of Coverage for  
SACRAMENTO CITY UNIFIED SCHOOL DISTRICT**

Group ID: 212 Contract: 3 Version: 113 EOC Number: 58

**January 1, 2023, through December 31, 2023**

ASH Plans Customer Service Department  
Monday through Friday, 5 a.m. to 6 p.m.  
**1-800-678-9133** (TTY users call **711**) toll free  
[ashlink.com/ash/kp](http://ashlink.com/ash/kp)

Silver&Fit Customer Service  
Monday through Friday, 5 a.m. to 6 p.m.  
**1-877-750-2746** (TTY **711**)  
[kp.org/silverandfit](http://kp.org/silverandfit)

This document is available for free in Spanish. Please contact Member Services number at **1-800-443-0815** for additional information. (TTY users should call **711**.) Hours are 8 a.m. to 8 p.m., 7 days a week.

*Este documento está*

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## Introduction

**This document amends your Kaiser Foundation Health Plan, Inc. (Health Plan) EOC to add coverage**



**WHOM OR WHAT GROUP OF PROVIDERS  
HEALTH CARE MAY BE OBTAINED.**

ASH Plans contracts with ASH Participating Providers and other licensed providers to provide the Services covered under this Amendment (including laboratory tests, X-rays, and chiropractic supports and appliances). You must receive Services covered under this Amendment from an ASH Participating Provider or another licensed provider with which ASH contracts to provide covered care, except for Services covered under

or Plan Out-of-Pocket Maximum described in your Health Plan *EOC*.



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section of your Health Plan *EOC*. Otherwise, you may submit your grievance orally or in writing to Kaiser Permanente as described in the “Dispute Resolution” section of your Health Plan *EOC*.

